

People Biz, Inc.

AM I COACHABLE?

PLEASE MARK THE FOLLOWING STATEMENTS AS TRUE OR FALSE TO DETERMINE HOW COACHABLE YOU ARE AT THIS TIME.	TRUE	FALSE
1. I am lacking the time it takes to focus on myself and build the business.	<input type="checkbox"/>	<input type="checkbox"/>
2. There is a big gap between where I am now and where I want to be in my personal or professional life.	<input type="checkbox"/>	<input type="checkbox"/>
3. I know what to do, but I am not doing it.	<input type="checkbox"/>	<input type="checkbox"/>
4. I am willing to let the coach know what I want and need from the relationship.	<input type="checkbox"/>	<input type="checkbox"/>
5. I am willing to give up self-sabotaging attitudes and behaviors that limit my success.	<input type="checkbox"/>	<input type="checkbox"/>
6. I am open to new ideas and ways of thinking, and willing to try new approaches.	<input type="checkbox"/>	<input type="checkbox"/>
7. I am willing to do the work required.	<input type="checkbox"/>	<input type="checkbox"/>
8. I accept responsibility for my results and the decisions I make.	<input type="checkbox"/>	<input type="checkbox"/>
9. I am learning-based and am willing to discover something new.	<input type="checkbox"/>	<input type="checkbox"/>
10. I am willing to tell the truth.	<input type="checkbox"/>	<input type="checkbox"/>
TOTAL:		

If your response to two or more of these questions was False, coaching may not be right for you at this time.

If your results indicate you are ready for coaching, please call 512-989-2230 and give yourself the gift of a complimentary coaching session!